

DR. DEXTER FREDERICK

Founder, Brain Expansions Scholastic Training, Inc.™

**2022 AARP
Purpose Prize
Fellow**



Dexter Frederick, MD is a highly respected **double-board-certified** Internal Medicine and Pediatric Physician committed to reducing health disparities by opening doors for under-represented youth who aspire to become medical professionals.

DR. DEXTER FREDERICK

Founder, Brain Expansions Scholastic Training, Inc.

Dr. Frederick is currently the Founder and CEO of **Brain Expansions Scholastic Training, Inc. (B.E.S.T.)**, a community based initiative whose mission is to identify, inspire, develop, and educate, with a focus on under-represented and disadvantaged youth, to address the national shortage of healthcare professionals that will impact underserved communities.

Born and raised in the United States, Virgin Islands, Dr. Frederick earned his undergraduate degree in Respiratory Care from Columbia Union College, his Doctorate of Medicine degree from Loma Linda School of Medicine in 1997. He completed his Internal Medicine and Pediatrics Residency in 2001. He was appointed to be the Pediatric Chief Resident at Loma Linda University Pediatric Residency in 2001. Dr. Frederick is a diplomat of the American Board of Pediatrics and a Fellow of the American College of Physicians.

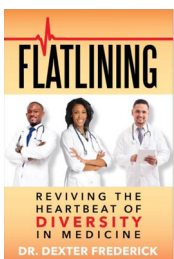
Dr. Frederick is the proud recipient of numerous honors and distinctions for his work, including Tampa Bay Lightning Community Hero, Tampa Police Citizen of the Year, Doctor of the Year, and Nationally recognized by AARP as a 2022 Purpose Prize Fellow. He has received letters of commendation from United States Representative Kathy Castor, U.S Senator Bill Nelson, and Tampa Mayor Pam Iorio, all of who have acknowledged his admirable

work as a citizen in his community.

He is the author of the book *Flatlining, Reviving the Heartbeat of Diversity in Medicine*, which sheds light on the lack of representation of medical professionals of color.

His most joy comes from spending time with his wife and beautiful daughters, Jayde and Kacey. In his free time, he enjoys reading, serving in the community, and working out. Dr. Frederick lives in Tampa, Florida, and his wife, Lisa. They enjoy spending time together as a family, traveling, walking, and exercising. He is a member of the Mount Calvary SDA Christian Church in Tampa, Florida.

Dr. Frederick is the epitome of an exemplary and innovative community leader, physician, role model, and visionary who has achieved remarkable outcomes for disadvantaged students and underserved individuals through his commitment to excellence and his passion for achieving health equity. Dr. Frederick believes that service is the rent we pay while living in this world. Through his struggles and triumph, he hopes that he can provide sunrises of encouragement and hope for the next generation of medical professionals.



Coming Soon

Flatlining • Reviving the Heartbeat of Diversity in Medicine, which sheds light on the lack of representation of medical professionals of color.



FLORIDA HOSPITAL TAMPA BRAIN EXPANSIONS SCHOLASTIC TRAINING, INC.™



About Us

OUR MISSION

Identify, Inspire, Develop, and Educate with a focus on under-represented and disadvantaged youth to address the national shortage of healthcare professionals that will impact underserved communities.

OUR VISION

To be a premier pathway program that develops and equips our youth aspiring to become future health professionals that will positively impact health inequalities around the world.

OUR PROGRAMS

The B.E.S.T. Summer Medical Academy's goal is to provide hands-on experience for students in real-life situations and help them better understand the functions of hospital departments. Activities include hospital rotations, workshops on health careers and health issues, guest speakers and many other medically-related activities.

CONTACT

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BRAIN EXPANSIONS SCHOLASTIC TRAINING, INC.™ PROGRAMS

- Dunbar Doc Elementary School Initiative
- Middle/High School Medical Pathway Program
- B.E.S.T.™ Summer Medical Pathway Program
- B.E.S.T.™ Social Determinants Program
- B.E.S.T.™ Summer Job Connection
- B.E.S.T.™ Certification Program
- B.E.S.T.™ Moffitt Faculty Diversity in Oncology Program (FDOP) Mentorship Program
- B.E.S.T.™ Moffitt Healthy Kidz Program
- B.E.S.T.™ Leadership Academy
- B.E.S.T.™ Memory Training Program



Summer Program

It is the only program of its kind in Tampa Bay that gives teens an intimate look at the educational paths and careers of medical professionals. B.E.S.T. provides an in-depth overview of various healthcare careers and provides participants with the opportunity to learn directly from healthcare professionals in clinical settings. It is an intensive four-week camp that gives students a head start on exploring and engaging in an arena that most don't have the chance to experience until medical school.

